# The 6-8 Tour

# Athlete Clinic



We are revolutionizing the way camps are run. The 6-8 Challenge allows us to measure your strengths and weaknesses and tailor our clinic to your needs. We will always pass and shoot (because it's fun!), but every clinic is a unique experience.

### Schedule:

- Intro Speech by Tony + team
- 3 hour drill-based morning session (with shooting & passing), driving specifics, center drills and broader range of fundamentals
- · Lunch: athletes eat with and listen to the Olympian's stories
- Completion of the 6-8 Challenge
- Scrimmage, 6 on 5 specific game, or the 6-8 Game
- · Closing speech, pictures and autographs
- Follow up feedback + data results through the 6-8 App

Price: \$150 per day session

## **Coach's Program**

### What It Is:

An opportunity for local coaches to observe the athlete clinic, pick up new training techniques, ask questions, and learn about the 6-8 Challenge.

### Schedule:

- Morning: coaches observe (or video) all drills that Tony + team run during the 3 hour AM session
- Lunch: 30 min Q & A with Tony + team
- The 6-8 Challenge: afternoon instructional session on how to set up the 6-8 equipment (Kit); the importance of each drill; how to run athletes through the Challenge; using the iPad data collection tool; using the 6-8 program as a coaching resource
- Post-clinic review: 1 hour session with Tony to learn about his vision, review the day's activities and extra Q & A

### Price:

FREE. Participating coaches will be offered a discounted price to purchase the 6-8 Kit

https://www.6-8sports.com/coaches/

https://www.6-8sports.com/kit/

## **Master's Session**

What It Is:

A way for Tony to connect with the local Master's community and engage with older athletes who are still passionate about the sport.

Schedule (held during normal Master's practice session):

- Learn fun new shots & passes with Tony + team
- Go through a few of the 6-8 Challenge drills (Radar Gun, Vertical Jump Test etc!)
- Play a 6 on 5 game or Tony & Maggie Steffens' new 6-8 Game
- Tony observes scrimmage and offers feedback
- Pictures & questions following the session (Tony will happily grab a beer and talk water polo stories)

#### Price:

FREE. Masters are encourage to make a tax deductible donation to Tony's non profit, Azevedo Aquatics. All funds are used to provide clinic scholarships for underprivileged athletes.

## 6-8 Youthball

What It Is:

A way for young, local athletes to be exposed to water polo in a fun setting.

#### Schedule:

- Water Polo 1.0 (30 minute lunchtime session featuring fun drills that teach young kids the core fundamentals of water polo)
- Stay and observe the scrimmage/games
- Pictures & questions with Tony + team
- · Each athlete takes home a 6-8 certified sticker

Price: FREE

### **Referee Training**

What It Is:

A program to help local referees and coaches gain understanding of how water polo is officiated. Open to any coach or referee interested in improving their knowledge and skill set.

Note: This program is run separately by American Water Polo and the CWPA.

Schedule:

- 8:30 Registration
- 9:00 Mechanics and Whistles
- 9:30 Professionalism, Personal Development Options
- 10:00 Relationship Between Referees and Coaches
- 10:30 Break
- 10:45 Perimeter Play
  - Team Defenses and Offenses- What to Look For Referee Collaboration- How can it Help Perimeter Coverage? Ordinary & Exclusion Fouls – Developing Consistency Free Throws and Ball-in-Play Player Safety, Game Control
- 11:45 Lunch-catered by local restaurant Q&A with Clinicians
- 12:30 Two-Meter Play

Use of the Ordinary Foul When to call the Exclusion Foul Player Safety, Game Control

- 1:45 Break
- 2:00 Scrimmage
- 3:30 Video Evaluation of Referees from Scrimmage
- 4:45 AWP and CWPA Organizations and Opportunities
- 5:00 Wrap-up

Price:

\$20 (includes catered lunch and padfolio). All additional expenses covered by American Water Polo and CWPA.

http://tonyazevedo.com/wp-content/uploads/2018/05/Regional-Referee-Clinic.pdf