



Women of Water Polo and Coaching (WOWPAC) is excited to announce its' first ever Satellite Coaching Clinic! Open to all FEMALE coaches and officials, no previous coaching experience required, just a desire to learn and support one another.

WOWPAC, an organization started by Stanford Associate Head Coach, Susan Ortwein, was created to educate, support, mentor, retain and empower women to coach water polo.

Clinic Information:

- February 7-8, 2015
- Stevenson High School – Lincolnshire, IL (30 minutes north of downtown Chicago)
- The clinic begins at 8:00am, Saturday February 7th and will conclude no later than 2:00pm, Sunday February 8th.

Speakers & Topics:

We are pleased and honored to have Sandy Nitta and Lynn Kachmarik present, sharing their wealth of knowledge and years of experience.

SANDY NITTA has 40+ years of water polo coaching experience. Most notably, she was the Head Coach for the USA National Team for 16 years. Sandy currently is a member of the NCAA Evaluator Group and is the USA Water Polo Coaches Association Chairperson of Coaches. She is responsible for coach development, retention and professional growth for water polo in the USA and coaches one of the country's most successful club programs, Team Vegas.

LYNN KACHMARIK, currently the National Outreach Director for the Play Like a Champion Today, "Coaching for Character Program" at the University of Notre Dame. Lynn has 40+ years of experience as an age group, high school and college coach. She also spent 10 years as an NCAA Athletic Director at Saint Mary's College. Lynn was a 12-year member of the United States National Water Polo team and has been inducted into the USA Water Polo, Bucknell and Slippery Rock Hall of Fames.

In addition to Fundamental Skills & Drills, Front Court Offense, Front Court Defense, 6-on-5 and 5-on-6, we will have a focus on providing drills for all topics. Additionally, there will be several sessions related directly to coaching and mentorship. Final clinic agenda will be provided by January 16th.

To Register: 2 PARTS

Step 1 – Complete the Google Registration Form (*click below*)

[WOWPAC – Midwest Coaching Clinic Registration Form](#)

Step 2 – ** Clinic Payment - \$75

WOWPAC is not able to accept online payments for this event and as a result will be running payments through Illinois Water Polo.

**** Be aware that many high school athletic directors and club directors may reimburse you for the clinic fee as a part of supporting continuing coach education.**

Checks should be made payable to Illinois Water Polo and can be sent to:

Rose Schiavone
7048 Osage Rd.
Long Grove, IL 600060

Please be sure to put your name and WOWPAC on the subject line of the check. Receipt and email confirmation for your records will be sent.

Hotel Information:

For those of you looking for hotel accommodations, below we have listed the best & closest hotel to the clinic. It is only about a half mile away, walking distance, weather permitting! We found that booking through www.hotels.com provides THE BEST rates, even over setting up a group rate. If you need further assistance with accommodations (including looking for someone to share a hotel room with), please contact us directly.

Courtyard by Marriott – Lincolnshire (**\$71 per night**)
505 Milwaukee Ave. Lincolnshire, IL 60069

WOWPAC's first Satellite Coaching Clinic is sure to be a great opportunity for all. Again, it is open to ANY & ALL FEMALE coaches and officials. If you have any questions, please contact...

Rose Schiavone
roseschlavone@gmail.com

OR

Claire Howie
clairejhowie@gmail.com

Please spread the word to all of your female colleagues!